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Leaping Through the First 20 Months: A phenomenon more and more parents know about. But only few pediatricians know about....

The Wonder Weeks Predicts, Age-Related Leaps in Mental Development of Infants
Worldwide bestseller, **now available on Kindle! (and made the Amazon Kindle bestseller list right away!)**

Finally... Now we know why a baby is Crying, Cranky and Clingy at set times. All due to leaps in the mental development.

"I wish more pediatricians knew about this concept! I have been trying everything to find answers for my child's recent lack of sleep, this info is so helpful and right on! Too bad I had to discover it on my own after pediatrician visit was a waste of my time today." Suzy Ward Halterman, on TWW's Facebook page (<https://www.facebook.com/WonderWeeks>)

It's not your imagination— all babies go through a difficult period around the same age. Research has shown that babies make 10 major, predictable, age-linked changes – or leaps – during their first 20 months of their lives. During this time, they will learn more than in any other time. With each leap comes a drastic change in your baby's mental development, which affects not only his mood, but also his health, intelligence, sleeping patterns and the "three C's" (crying, clinging and crankiness).

Babies cry during a leap because they've reached a radical new step in their mental development. That is good: it gives them the opportunity to learn new things. **The "difficult" behavior is actually a signal that great progress is underway.** Neurological research has shown that such leaps are accompanied by changes in the brain.

The Wonder Weeks, by Dutch authors Hetty van de Rijt and Frans Plooi, describes in easy to understand terms the incredible developmental changes that all babies go through during their first 20 months of life, and is a worldwide bestseller.

With each leap, a child will enter a new world, making new observations that he previously was unable to notice...

FROM BABYDOM TO TODDLERHOOD IN 10 LEAPS

How The Wonder Weeks Puts It All Together

The Wonder Weeks describes the ten leaps your baby makes in the first 20 months of his life, taking place around weeks 5, 8, 12, 19, 26, 37, 46, 55, 64 and 75. Each leap is discussed in a separate chapter, which includes reflections from other mothers about their babies' troublesome periods to offer support as new parents endure their baby's stormy periods. Each chapter is always divided into four parts:

- **This Week's Fussy Signs:** At the beginning of each chapter, this section describes the clues that your baby is about to make a developmental leap and the changes you can expect if a leap arrives.
- **The Magical Leap Forward:** This part describes the new ability your baby will acquire during the current leap. Furthermore, it contains an extensive list of new skills and practices, which may result from the leap. Your baby may only exhibit a few of the skills listed initially - he cannot decide to do everything at once! You can use the list to see what new behaviors your baby chooses which are based on your baby's preferences and which are unique to your baby.
- **What You Can Do to Help:** This section gives you suggestions for games, activities and toys appropriate to each stage of development, which will increase your baby's awareness and satisfaction – and enhance playtime.
- **After the Leap:** Here you can see that your baby is again easier, happier and more independent.

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The Wonder Weeks is available at www.thewonderweeks.com, Amazon.com, barnesandnoble.com, and most online booksellers. Now also available on Kindle

More information about The Wonder Weeks, including details about the research behind the book, can be found at www.thewonderweeks.com and (in video)<http://www.youtube.com/thewonderweeks>. To schedule an interview with Dr. Plooij or to receive additional background, please contact: X. Plas, +31 6 418 414 73,xaviera@thewonderweeks.com